

CERTIFICATE

OF PARTICIPATION

This is to certify that

Helga Louw

Has successfully participated & completed the

28km - Trail Run Light Duty Recce Mission 2019

held at Dullstroom.

TIME 04:40:35

PACE 5.99km/h **OVERALL** 14 of 19

GENDER 5 of 7

VETERAN 3 of 4





